WHY "SONS OF SOLOMON"?

"Vapor of vapors," says the Preacher, "All: vapor."

And moreover, because the Preacher was **WISE**, he still taught the people **KNOWLEDGE**;

Yes, he listened and sought out, set in order many **PROVERSS**.

The Preacher sought to find acceptable words; and what was written was upright,

WORDS OF TRUTH.

The words of the wise are like goads, and the words of scholars are like well-driven nails, **GIVEN BY ONE SHEPHERD**.

And further, MY SON, be admonished by these.

MEDITATE ON THE WORDS OF TRUTH

BE ADMONISHED BY THE NAILS OF THE

SHEPHERD

NOMOTOS 10 SHOR



PRAYER IS A DISCIPLIFE

Pray the psalms	2
Ponder a Proverb	13
Carry a bible and crucifix	15
More good stuff	16

ADDITIONAL DISCIPLINE

WORD & WAY

Read eight verses of Psalm 119, three to seven times daily (22 day cycle).

RED-LETTER READER

Meditate on one verse of Jesus' words (red letters) daily.

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"Scrawl runes upon your gates and let the spittle flow!"

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All scriptural references based on the New King James Version [NKJV].



DISCIPLINE



PRAY THE PSALMS OF THE DIASPORA

MOSKING: 123, 125, 127

MD-DAY: 124, 129

VESPENS: 126, 128

LULING: 130, 131

Why these psalms?

All the psalms are God's divine proximity. He wrote them for you to pray and to know that in Jesus the answer will always be "Yes". These are the prayers of pilgrims journeying home to the city of God. Pray them every day for a year and you will see the impact of the Gospel of Jesus Christ in your life, church, and community.

25



DISCIPLIME





More Good Stuff



JESUS IS LORD

PHILIPPIANS 2:11

"...and that every tongue should confess that Jesus Christ is LORD to the glory of God the Father."

ROMANS 10:9

"...that if you confess with your mouth that Jesus is LORD and believe in your heart that God has raised him from the dead, you will be saved."

1 CORINTHIANS 12:3B

"No one can say that 'Jesus is LORD' except by the Holy Spirit."

1 JOHN 2:23

"Whoever denies the Son does not have the Father either. He who acknowledges the Son has the Father also."

SONSOFSOLOMON.NET

PRO-FATHERHOOD/OWNERSHIP
PRO-LIFE/HEALTH
PRO-CREATION/ENVIRONMENT
PRO-NEIGHBOR/NEIGHBORHOOD



MORE GOOD STUFF





Morning



PSALM 123

Prayer for Relief from Oppression

THE WAY DESIGNED BEFORE ME. GOD CRUCIFIED BEHIND ME. OWNERSHIP BREATHING OUT OF ME.

The obstacle is the path.

The no is a yes.

The grave is a victory.

The Cross is our tautology.

- ¹Unto You I lift up my eyes, O You who dwell in the heavens.
- ² Behold, as the eyes of servants *look* to the hand of their masters, as the eyes of a maid to the hand of her mistress, so our eyes *look* to Jesus Christ our God, until He has mercy on us.
- ³ Have mercy on us, O Jesus Christ, have mercy on us! for we are exceedingly filled with contempt.
- ⁴ Our soul is exceedingly filled with the scorn of those who are at ease, with the contempt of the proud.



MORNING





MORE GOOD STUFF



PSALM 125

Jesus Christ: the Strength of His People

- ¹Those who trust in Jesus Christ *are* like Mount Zion, which cannot be moved, *but* abides forever.
- ² As the mountains surround Jerusalem, so Jesus Christ surrounds His people from this time forth and forever.
- ³ For the scepter of wickedness shall not rest on the land allotted to the righteous, lest the righteous reach out their hands to iniquity.
- ⁴ Do good, O Jesus Christ, to *those who are* good, and to *those who are* upright in their hearts.
- ⁵ As for such as turn aside to their crooked ways, Jesus Christ shall lead them away with the workers of iniquity.

Peace be upon Israel!

YOU ARE THE PATRIARCH UNTIL THERE IS ANOTHER.

THERE MUST ALWAYS BE ONE.

DEAD MEN CANNOT DIE.

5



MORE GOOD STUFF





MORNING



Hallow God's name

Reflect his king

Walk with his father

DUTIES OF A KING

+

Save his people

Sacrifice his words

Resist his temptations

Own his forgiveness

PSALM 127



Laboring and Prospering with Jesus Christ

- ¹Unless Jesus Christ builds the house, they labor in vain who build it; Unless Jesus Christ guards the city, the watchman stays awake in vain.
- ² It is vain for you to rise up early, to sit up late, to eat the bread of sorrows; for so He gives His beloved while they sleep.
- ³ Behold, children are a heritage from Jesus Christ, the fruit of the womb is a reward.
- ⁴ Like arrows in the hand of a warrior, so are the children of one's youth.
- ⁵ Happy *is* the man who has his quiver full of them; They shall not be ashamed, but shall speak with their enemies in the gate.

21



MID DAY



PSALM 124

Jesus Christ: the Defense of His People

- 1"If it had not been Jesus Christ who was on our side," let Israel now say –
- 2"If it had not been Jesus Christ who was on our side," when men rose up against us,
- ³ Then they would have swallowed us alive, when their wrath was kindled against us;
- ⁴ Then the waters would have overwhelmed us, the stream would have gone over our soul;
- ⁵ Then the swollen waters would have gone over our soul."
- ⁶ Blessed *be* Jesus Christ, who has not given us *as* prey to their teeth.
- Our soul has escaped
 as a bird from the snare of the fowlers;
 The snare is broken, and we have escaped.
- ⁸ Our help *is* in the name of Jesus Christ, Who made heaven and earth.



MORE GOOD STUFF



Do you feel yourself unworthy to be a Patriarch?

Are you a Father? You are a Patriarch.

Are you a Husband? You are a Head.

Are you a Man? You are a King.

PATRIABCHY is the extension of God's vocations of Father and King. Within any gathering of catholic Christians there must be a head. There must be one to guide, to bear responsibilities, to ensure good order. There must and will be a Patriarch.

So man up. Build a brotherhood with those around you. Encourage your brothers with the words of life. Support one another in times of trouble and rejoice together in times of joy. If God has blessed you with Christian brotherhood, share it. If not, a noble task is before you.



More Good Stuff



THE PATRIARCH PRINCIPLE

ALL AUTHORITY EXISTS AS GIVEN:

FROM ABOVE

TO BELOW

FOR THE SAKE OF THOSE FURTHER BELOW STILL

The Patriarch is the Head, the Father, the King. He stands up to lead and leads as long as it is required of him. He does not rule with an iron fist but according to the godly example of kingship set forth by his LORD and King. His task is to lead and govern, to care for and support his brothers, because someone must.



MIC CAY



PSALM 129

Song of Victory over Jesus Christ's Enemies

- ¹ "Many a time they have afflicted me from my youth," let Israel now say –
- ² "Many a time they have afflicted me from my youth, yet they have not prevailed against me.
- ³ The plowers plowed on my back; They made their furrows long."
- ⁴ Jesus Christ *is* righteous; He has cut in pieces the cords of the wicked.
- ⁵ Let all those who hate Zion be put to shame and turned back.
- ⁶ Let them be as grass *on* the housetops, which withers before it grows up,
- ⁷ With which the reaper does not fill his hand, nor he who binds sheaves, his arms.
- Neither let those who pass by them say, "The blessing of Jesus Christ be upon you; We bless you in the name of Jesus Christ!"



WESPERS



PSALM 126

A Joyful Return of Jesus Christ's People

- ¹When Jesus Christ brought back the captivity of Zion, we were like those who dream.
- Then our mouth was filled with laughter, and our tongue with singing.
 Then they said among the nations,
 "Jesus Christ has done great things for them."
- ³ Jesus Christ has done great things for us, and we are glad.
- ⁴ Bring back our captivity, O Jesus Christ, as the streams in the South.
- ⁵ Those who sow in tears shall reap in joy.
- ⁶ He who continually goes forth weeping, bearing seed for sowing, shall doubtless come again with rejoicing, bringing his sheaves with him.



MORE GOOD STUFF



THE TEN COMMANDMENTS

You shall have no other gods.

You shall not misuse the name

of Jesus Christ your God.

You shall remember the Sabbath day by

keeping it holy.

You shall honor your father and your mother.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not give false testimony

against your neighbor.

You shall not covet your neighbor's house.

You shall not covet anything that belongs to your neighbor.



MORE GOOD STUFF



VESPERS



THE LORD'S PRAYER

Our Father who art in heaven,

Hallowed be Thy name;

Thy kingdom come;

Thy will be done on earth as it is in heaven;

Give us this day our daily bread, and

Forgive us our trespasses, as

We forgive those who trespass against us, and

Lead us not into temptation, but

Deliver us from evil.

For Thine is

The kingdom and

The power and

The glory

Forever and ever.

Amen.

PSALM 128

Blessings of Those Who Fear Jesus Christ

- ¹Blessed *is* every one who fears Jesus Christ, who walks in His ways.
- ² When you eat the labor of your hands, you *shall be* happy, and *it shall be* well with you.
- ³ Your wife *shall be* like a fruitful vine in the very heart of your house, Your children like olive plants all around your table.
- ⁴ Behold, thus shall the man be blessed who fears Jesus Christ.
- ⁵ Jesus Christ bless you out of Zion, and may you see the good of Jerusalem all the days of your life.
- ⁶ Yes, may you see your children's children.

Peace be upon Israel!



EVERING



More Good Stuff



PSALM 130

Waiting for the Redemption of Jesus Christ

- ¹Out of the depths I have cried to You, O Jesus Christ.
- Lord, hear my voice!
 Let Your ears be attentive
 to the voice of my supplications.
- ³ If You, Jesus Christ, should mark iniquities O Lord, who could stand?
- ⁴ But *there is* forgiveness with You, that You may be feared.
- ⁵ I wait for Jesus Christ, my soul waits, and in His word I do hope.
- My soul waits for the Lord
 more than those who watch for the morning –
 Yes, more than those who watch for the morning.
- ⁷ O Israel, hope in Jesus Christ; for with Jesus Christ *there is* mercy, and with Him *is* abundant redemption.
- ⁸ And He shall redeem Israel from all his iniquities.

THE APOSTLES' CREED

I believe in God, the Father Almighty, maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



MSCPLIKE





EVERING



CARRY A BIBLE

ARE CRECER

LET THE IMAGE OF THE PERFECT MAN BE YOUR **SPIRITUAL FOCUS.** It may make you uncomfortable. You may suffer abuse from an enemy; you may have to explain it to a friend; you may meet a fellow Christian when a stranger encourages you. This discipline doesn't help us escape the troubles of this dead world. Rather, it confesses our life in Jesus Christ so we can boldly run our race in faith.

Do I have to do this all the time, even at work?

NO. We absolutely reject legalism because "you are no longer under law, but under grace" (Romans 6:14). This discipline is for your benefit, even as healthy eating and regular exercise benefit your body now. Pray for wisdom and prudence, then do what is beneficial for your immortal soul.

15

Simple Trust in Jesus Christ

PSALM 131

- ¹ Jesus Christ, my heart is not haughty, nor my eyes lofty. Neither do I concern myself with great matters, nor with things too profound for me. ² Surely I have calmed and quieted my soul, like a weaned child with his mother; like a weaned child is my soul within me.
- ³ O Israel, hope in Jesus Christ from this time forth and forever.



DISCIPLINE



xx

DISCIPLINE



PORDER A PROVERB DAILY

God wrote a book about wisdom. It says those who read it will be wise. Those who would rather listen to folly, not so much...

How could I start?

Starting in Chapter 10, read one verse a day:

- Translate the proverb into your own words.
- Carry that thought with you on a piece of paper for a day.
- Pray that you might use the thought in a conversation.
- Leave the note alone for a week, then read it again and repeat the process.

Whether you consider a chapter, a verse, or a single Hebrew word...**GET WISDOM**.

13

STRUCTURE OF PROVERRS

BOOK 1: GET WISDOM

Proverbs 1–9 Solomon's key words and concepts

BOOK 2: THE PROVERBS OF SOLOMON

Proverbs 10-24 "So that your trust may be in Jesus Christ"

BOOK 3: THE BOOK OF HEZEKIAH

Proverbs 25-29
Proverbs of Solomon that Hezekiah's men copied

BOOK 4: THE RIDDLES OF AGUR

Proverbs 30 "What is His Son's name, if you know?"

BOOK 5: A VIRTUOUS WIFE

Proverbs 31
"Her worth is far above rubies"