

PRAYER IS A DISCIPLINE

Pray the psalms	2
Ponder a Proverb	13
Carry a bible and crucifix	15
More good stuff	16







PRAY THE PSALMS OF

THE BIASPORA

- **MORNING:** 123, 125, 127
 - **MID-DAY:** 124, 129
 - **VESPERS:** 126, 128
 - **EVENING:** 130, 131

Why these psalms?

All the psalms are God's divine proximity. He wrote them for you to pray and to know that in Jesus the answer will always be "Yes". These are the prayers of pilgrims journeying home to the city of God. Pray them every day for a year and you will see the impact of the Gospel of Jesus Christ in your life, church, and community.



DISCIPLINE



JESUS IS LORD

PHILIPPIANS 2:11

"...and that every tongue should confess that Jesus Christ is LORD to the glory of God the Father."

ROMANS 10:9

"...that if you confess with your mouth that Jesus is LORD and believe in your heart that God has raised him from the dead, you will be saved."

1 CORINTHIANS 12:3B

"No one can say that 'Jesus is LORD' except by the Holy Spirit."

1 JOHN 2:23

"Whoever denies the Son does not have the Father either. He who acknowledges the Son has the Father also."



MORNING



Prayer for Relief from Oppression

¹ Unto You I lift up my eyes, O You who dwell in the heavens.

² Behold, as the eyes of servants *look* to the hand of their masters, as the eyes of a maid to the hand of her mistress, so our eyes *look* to Jesus Christ our God, until He has mercy on us.

³ Have mercy on us, O Jesus Christ, have mercy on us! for we are exceedingly filled with contempt.

⁴ Our soul is exceedingly filled with the scorn of those who are at ease, with the contempt of the proud.



Morhing



Jesus Christ: the Strength of His People

¹Those who trust in Jesus Christ *are* like Mount Zion, which cannot be moved, *but* abides forever.

- ² As the mountains surround Jerusalem, so Jesus Christ surrounds His people from this time forth and forever.
- ³ For the scepter of wickedness shall not rest on the land allotted to the righteous, lest the righteous reach out their hands to iniquity.
- ⁴ Do good, O Jesus Christ, to *those who are* good, and to *those who are* upright in their hearts.
 ⁵ As for such as turn aside to their crooked ways,

Jesus Christ shall lead them away with the workers of iniquity.

Peace be upon Israel!



Morhing



Laboring and Prospering with Jesus Christ

¹ Unless Jesus Christ builds the house, they labor in vain who build it; Unless Jesus Christ guards the city, the watchman stays awake in vain.
² It is vain for you to rise up early, to sit up late, to eat the bread of sorrows; for so He gives His beloved while they sleep.

³ Behold, children *are* a heritage from Jesus Christ, the fruit of the womb is a reward.

⁴ Like arrows in the hand of a warrior, so *are* the children of one's youth.

 ⁵ Happy *is* the man who has his quiver full of them; They shall not be ashamed, but shall speak with their enemies in the gate.



MID DAY



PSALM 124

Jesus Christ: the Defense of His People

- "If it had not been Jesus Christ who was on our side," let Israel now say –
- 2"If it had not been Jesus Christ who was on our side," when men rose up against us,
- ³ Then they would have swallowed us alive, when their wrath was kindled against us;
- ⁴ Then the waters would have overwhelmed us, the stream would have gone over our soul;
- ⁵ Then the swollen waters would have gone over our soul."
- ⁶ Blessed be Jesus Christ,

who has not given us as prey to their teeth.

- ⁷ Our soul has escaped as a bird from the snare of the fowlers; The snare is broken, and we have escaped.
- ⁸ Our help *is* in the name of Jesus Christ, Who made heaven and earth.



MID DAY



PSALM 129

Song of Victory over Jesus Christ's Enemies

- "Many a time they have afflicted me from my youth," let Israel now say –
- ² "Many a time they have afflicted me from my youth, yet they have not prevailed against me.
- ³ The plowers plowed on my back; They made their furrows long."
- ⁴ Jesus Christ *is* righteous; He has cut in pieces the cords of the wicked.

⁵ Let all those who hate Zion be put to shame and turned back.
⁶ Let them be as grass *on* the housetops, which withers before it grows up,
⁷ With which the reaper does not fill his hand, nor he who binds sheaves, his arms.
⁸ Naither let these who pass by them say

⁸ Neither let those who pass by them say, "The blessing of Jesus Christ *be* upon you; We bless you in the name of Jesus Christ!"



WESPERS



A Joyful Return of Jesus Christ's People

- ¹When Jesus Christ brought back the captivity of Zion, we were like those who dream.
 ² Then our mouth was filled with laughter, and our tongue with singing. Then they said among the nations, "Jesus Christ has done great things for them."
 ³ Jesus Christ has done great things for us, and we are glad.
- ⁴ Bring back our captivity, O Jesus Christ, as the streams in the South.
- ⁵ Those who sow in tears shall reap in joy.
- ⁶ He who continually goes forth weeping, bearing seed for sowing, shall doubtless come again with rejoicing, bringing his sheaves with him.



VESPERS



Blessings of Those Who Fear Jesus Christ

¹ Blessed <i>is</i> every one who fears Jesus Christ, who walks in His ways.
² When you eat the labor of your hands,
you <i>shall be</i> happy,
and <i>it shall be</i> well with you.
³ Your wife <i>shall be</i> like a fruitful vine
in the very heart of your house,
Your children like olive plants
all around your table.
⁴ Behold, thus shall the man be blessed
who fears Jesus Christ.
⁵ Jesus Christ bless you out of Zion,
and may you see the good of Jerusalem
all the days of your life.
⁶ Yes, may you see your children's children.

Peace be upon Israel!



EVENING



Waiting for the Redemption of Jesus Christ

 ¹Out of the depths I have cried to You, O Jesus Christ.
 ² Lord, hear my voice! Let Your ears be attentive to the voice of my supplications.

 ³ If You, Jesus Christ, should mark iniquities O Lord, who could stand?

⁴ But *there is* forgiveness with You, that You may be feared.

⁵ I wait for Jesus Christ, my soul waits, and in His word I do hope.

⁶ My soul *waits* for the Lord more than those who watch for the morning – *Yes, more than* those who watch for the morning.

 ⁷ O Israel, hope in Jesus Christ; for with Jesus Christ *there is* mercy, and with Him *is* abundant redemption.
 ⁸ And He shall redeem Israel from all his iniquities.



EVENING



Simple Trust in Jesus Christ

¹ Jesus Christ, my heart is not haughty, nor my eyes lofty. Neither do I concern myself with great matters, nor with things too profound for me.
² Surely I have calmed and quieted my soul, like a weaned child with his mother; like a weaned child *is* my soul within me.

³ O Israel, hope in Jesus Christ from this time forth and forever.



God wrote a book about wisdom. It says those who read it will be wise. Those who would rather listen to folly, not so much...

How could I start?

Starting in Chapter 10, read one verse a day:

- Translate the proverb into your own words.
- Carry that thought with you on a piece of paper for a day.
- Pray that you might use the thought in a conversation.
- Leave the note alone for a week, then read it again and repeat the process.

Whether you consider a chapter, a verse, or a single Hebrew word...**GET WISDOM**.



DISCIPLINE



STRUCTURE OF PROVERBS

BOOK 1: GET WISDOM

Proverbs 1– 9 Solomon's key words and concepts

BOOK 2: THE PROVERBS OF SOLOMON

Proverbs 10-24 "So that your trust may be in Jesus Christ"

BOOK 3: THE BOOK OF HEZEKIAH

Proverbs 25-29 Proverbs of Solomon that Hezekiah's men copied

BOOK 4: THE RIDDLES OF AGUR

Proverbs 30 "What is His Son's name, if you know?"

BOOK 5: A VIRTUOUS WIFE

Proverbs 31 "Her worth is far above rubies"



DISCIPLINE



CARRY A BIBLE AND CRUCIFIX

LET THE IMAGE OF THE PERFECT MAN BE YOUR SPIRITUAL FOCUS. It may make you uncomfortable. You may suffer abuse from an enemy; you may have to explain it to a friend; you may meet a fellow Christian when a stranger encourages you. This discipline doesn't help us escape the troubles of this dead world. Rather, it confesses our life in Jesus Christ so we can boldly run our race in faith.

Do I have to do this all the time, even at work?

NO. We absolutely reject legalism because "*you are no longer under law, but under grace*" (Romans 6:14). This discipline is for your benefit, even as healthy eating and regular exercise benefit your body now. Pray for wisdom and prudence, then do what is beneficial for your immortal soul.





THE APOSTLES' CREED

I believe in God, the Father Almighty, maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried.
He descended into hell.
The third day He rose again from the dead.
He ascended into heaven and sits at the right hand of God the Father Almighty.
From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.





THE LORD'S PRAYER

Our Father who art in heaven, Hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven; Give us this day our daily bread, and Forgive us our trespasses, as We forgive those who trespass against us, and Lead us not into temptation, but Deliver us from evil.

For Thine is The kingdom and The power and The glory Forever and ever.

Amen.





THE TER COMMANDMENTS

You shall have no other gods. You shall not misuse the name of Jesus Christ your God. You shall remember the Sabbath day by keeping it holy. You shall honor your father and your mother. You shall not murder. You shall not commit adultery. You shall not steal. You shall not give false testimony against your neighbor. You shall not covet your neighbor's house. You shall not covet anything that belongs to your neighbor.





THE PATRIARCH PRINCIPLE

ALL AUTHORITY EXISTS AS GIVEN: FROM ABOVE TO BELOW FOR THE SAKE OF THOSE FURTHER BELOW STILL

The Patriarch is the Head, the Father, the King. He stands up to lead and leads as long as it is required of him. He does not rule with an iron fist but according to the godly example of kingship set forth by his LORD and King. His task is to lead and govern, to care for and support his brothers, because someone must.





Do you feel yourself unworthy to be a Patriarch?

Are you a Father?You are a Patriarch.Are you a Husband?You are a Head.Are you a Man?You are a King.

PATRIARCHY is the extension of God's vocations of Father and King. Within any gathering of catholic Christians there must be a head. There must be one to guide, to bear responsibilities, to ensure good order. There must and will be a Patriarch.

So man up. Build a brotherhood with those around you. Encourage your brothers with the words of life. Support one another in times of trouble and rejoice together in times of joy. If God has blessed you with Christian brotherhood, share it. If not, a noble task is before you.





<u>BUTIES OF A MAR</u>

+ Hallow God's name + Reflect his king + Walk with his father

BUTIES OF A KING

+ Save his people + Sacrifice his words + Resist his temptations + Own his forgiveness





YOU ARE THE PATRIARCH UNTIL THERE IS ANOTHER. THERE MUST ALWAYS BE ONE. DEAD MEN CANNOT DIE.





THE WAY DESIGNED BEFORE ME. GOD CRUCIFIED BEHIND ME. OWNERSHIP BREATHING OUT OF ME.

The obstacle is the path. The no is a yes. The grave is a victory. The Cross is our tautology.





SONSOFSOLOMON.NET

PRO-FATHERHOOD/OWNERSHIP

PRO-LIFE/HEALTH

PRO-CREATION/ENVIRONMENT PRO-NEIGHBOR/NEIGHBORHOOD

Copyright © 2022, Dark Shore.

"Scrawl runes upon your gates and let the spittle flow!"

This work is brought to you through the efforts of St. Paul Lutheran Church in Rockford, Illinois, and is a production of Mad Christianity. *The Word of God shall not be bound, by us, with us, or without us.*

All rights reserved under the Creative Commons Attribution 4.0 International (CC BY 4.0). **Share**: copy and redistribute the material in any medium or format. **Adapt**: remix, transform, and build upon the material for any purpose, even commercially. **Attribution**: give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use.

No additional restrictions – You may not apply legal terms or technological measures that legally restrict others from doing anything the license permits. You do not have to comply with the license for elements of the material in the public domain or where your use is permitted by an applicable exception or limitation.

No warranties are given. The license may not give you all the permissions necessary for your intended use. For example, other rights such as publicity, privacy, or moral rights may limit how you use the material. The licensor cannot revoke those freedoms as long as you follow the license terms. You may find those terms at https://creativecommons.org/licenses/by/4.0/legalcode.

Creative Commons Attribution 4.0 International (CC BY 4.0) is the official copyright philosophy of **Dark Shore.**

All scriptural references based on the New King James Version [NKJV].

ADDITIGNAL DISCIPLINE

WORD & WAY

Read eight verses of Psalm 119, three to seven times daily (22 day cycle).

<u>RED-LETTER READER</u>

Meditate on one verse of Jesus' words (red letters) daily.

why "sons of solomoh"?

"Vapor of vapors," says the Preacher, "All : vapor."

And moreover, because the Preacher was **WISE**, he still taught the people **KNOWLEDGE**; Yes, he listened and sought out, set in order many **PROVERDS**.

The Preacher sought to find acceptable words; and what was written was upright, WORDS OF TRUTH.

The words of the wise are like goads, and the words of scholars are like well-driven nails, **GIVEN BY ONE SHEPHERD**.

And further, **MY SON**, be admonished by these.

MEDITATE ON THE WORDS OF TRUTH

BE ADMONISHED BY THE NAILS OF THE SHEPHERD